### § 441.101

hospital services, skilled nursing services, and intermediate care facility services for individuals age 65 or older in an institution for mental diseases, and sections 1902(a)(20)(B) and (C) and 1902(a)(21), which prescribe the conditions a State must meet to offer these services. (See §431.620 of this subchapter for regulations implementing section 1902(a)(20)(A), which prescribe interagency requirements related to these services.)

### §441.101 State plan requirements.

A State plan that includes Medicaid for individuals age 65 or older in institutions for mental diseases must provide that the requirements of this subpart are met.

# § 441.102 Plan of care for institutionalized recipients.

- (a) The Medicaid agency must provide for a recorded individual plan of treatment and care to ensure that institutional care maintains the recipient at, or restores him to, the greatest possible degree of health and independent functioning.
  - (b) The plan must include—
- (1) An initial review of the recipient's medical, psychiatric, and social needs—
- (i) Within 90 days after approval of the State plan provision for services in institutions for mental disease; and
- (ii) After that period, within 30 days after the date payments are initiated for services provided a recipient.
- (2) Periodic review of the recipient's medical, psychiatric, and social needs;
- (3) A determination, at least quarterly, of the recipient's need for continued institutional care and for alternative care arrangements;
- (4) Appropriate medical treatment in the institution; and
  - (5) Appropriate social services.

### §441.103 Alternate plans of care.

- (a) The agency must develop alternate plans of care for each recipient age 65 or older who would otherwise need care in an institution for mental diseases.
- (b) These alternate plans of care must-

- (1) Make maximum use of available resources to meet the recipient's medical, social, and financial needs; and
- (2) In Guam, Puerto Rico, and the Virgin Islands, make available appropriate social services authorized under sections 3(a)(4) (i) and (ii) or 1603(a)(4)(A) (i) and (ii) of the Act.

#### §441.105 Methods of administration.

The agency must have methods of administration to ensure that its responsibilities under this subpart are met.

# § 441.106 Comprehensive mental health program.

- (a) If the plan includes services in public institutions for mental diseases, the agency must show that the State is making satisfactory progress in developing and implementing a comprehensive mental health program.
  - (b) The program must—
  - (1) Cover all ages;
- (2) Use mental health and public welfare resources; including—
- (i) Community mental health centers:
  - (ii) Nursing homes; and
- (iii) Other alternatives to public institutional care; and
- (3) Include joint planning with State authorities.
- (c) The agency must submit annual progress reports within 3 months after the end of each fiscal year in which Medicaid is provided under this subpart.

## Subpart D—Inpatient Psychiatric Services for Individuals Under Age 21 in Psychiatric Facilities or Programs

### §441.150 Basis and purpose.

This subpart specifies requirements applicable if a State provides inpatient psychiatric services to individuals under age 21, as defined in §440.160 of this subchapter and authorized under section 1905 (a)(16) and (h) of the Act.

# §441.151 General requirements.

Inpatient psychiatric services for recipients under age 21 must be provided—

(a) Under the direction of a physician;

- (b) By a psychiatric facility or an inpatient program in a psychiatric facility, either of which is accredited by the Joint Commission on Accreditation of Hospitals: and
- (c) Before the recipient reaches age 21 or, if the recipient was receiving the services immediately before he reached age 21, before the earlier of the following—
- (1) The date he no longer requires the services; or
  - (2) The date he reaches age 22.

# § 441.152 Certification of need for services.

- (a) A team specified in §441.154 must certify that—
- (1) Ambulatory care resources available in the community do not meet the treatment needs of the recipient;
- (2) Proper treatment of the recipient's psychiatric condition requires services on an inpatient basis under the direction of a physician; and
- (3) The services can reasonably be expected to improve the recipient's condition or prevent further regression so that the services will no longer be needed.
- (b) The certification specified in this section and in § 441.153 satisfies the utilization control requirement for physician certification in §§ 456.60, 456.160, and 456.360 of this subchapter.

[43 FR 45229, Sept. 29, 1978, as amended at 61 FR 38398, July 24, 1996]

# §441.153 Team certifying need for services.

Certification under §441.152 must be made by terms specified as follows:

- (a) For an individual who is a recipient when admitted to a facility or program, certification must be made by an independent team that—
  - (1) Includes a physician;
- (2) Has competence in diagnosis and treatment of mental illness, preferably in child psychiatry; and
- (3) Has knowledge of the individual's situation.
- (b) For an individual who applies for Medicaid while in the facility of program, the certification must be—
- (1) Made by the team responsible for the plan of care as specified in §441.156; and

- (2) Cover any period before application for which claims are made.
- (c) For emergency admissions, the certification must be made by the team responsible for the plan of care (§441.156) within 14 days after admission

#### §441.154 Active treatment.

Inpatient psychiatric services must involve "active treatment", which means implementation of a professionally developed and supervised individual plan of care, described in §441.155 that is—

- (a) Developed and implemented no later than 14 days after admission; and
- (b) Designed to achieve the recipient's discharge from inpatient status at the earliest possible time.

### §441.155 Individual plan of care.

- (a) "Individual plan of care" means a written plan developed for each recipient in accordance with §§ 456.180 and 456.181 of this chapter, to improve his condition to the extent that inpatient care is no longer necessary.
  - (b) The plan of care must-
- (1) Be based on a diagnostic evaluation that includes examination of the medical, psychological, social, behavioral and developmental aspects of the recipient's situation and reflects the need for inpatient psychiatric care;
- (2) Be developed by a team of professionals specified under §441.156 in consultation with the recipient; and his parents, legal guardians, or others in whose care he will be released after discharge;
  - (3) State treatment objectives;
- (4) Prescribe an integrated program of therapies, activities, and experiences designed to meet the objectives; and
- (5) Include, at an appropriate time, post-discharge plans and coordination of inpatient services with partial discharge plans and related community services to ensure continuity of care with the recipient's family, school, and community upon discharge.
- (c) The plan must be reviewed every 30 days by the team specified in §441.156 to—
- (1) Determine that services being provided are or were required on an inpatient basis, and